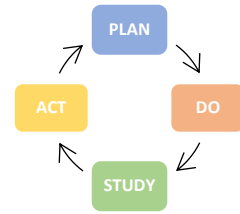# TRACTION Learning Collaborative – Example PDSA

SITE: Arizona Arthritis and Rheumatology Associates
DATE: 11/10/20
CYCLE #: 1
PDSA TITLE: Tracking patients RA treatment goals

PLAN

ACT

DO

STUDY

PLAN

- **What is the objective for this cycle?**
  To assess each RA patients' goal of treatment and document it in the chart.
  What do you predict will happen?
  There was likely going to be a small percentage from the first month that had the goal documented, as this intervention was implemented towards the end of the first month.
- **What is the plan for the cycle? What are the steps to execute the cycle, including data collection (who, what, where, when)?**
  To ask the patient what their goal of RA treatment is and then to document it in the impression of the chart. Then monthly, to choose 12 charts each to review to assess if this process was carried out.

DO

- **Carry out the cycle. What did you observe? Include descriptions of successful encounters, problems, and other special circumstances that may or may not have been part of the plan.**
  It was observed that the time used to ask the goal and to document it in the impression was quite quick. Numerous patients needed coaching/examples of goals given in order to provide a more concise answer.

STUDY

- **Summarize and analyze the observed results. What did you learn from this cycle?**
  25% of the chart from the first cycle had the goal documented. The process was quite easy to implement and did not take much time.
- **Do the results agree with the predictions you listed in the "Plan" phase? (circle one)**

  Yes   No

ACT

- **What action are you going to take as a result of this cycle? (circle one)**

  Expand the Test   Adapt the Test   Abandon the Test

- **Plan for the next cycle. What changes are needed? If expanding or adapting, what will you do to continue your learning while beginning to spread the successes?**
  To continue this effort to get a higher percentage of adherence. Will then revaluate at the end of cycle 2.