**TRACTION Learning Collaborative – Example PDSA**

**SITE: Arizona Arthritis and Rheumatology Associates- Glendale**

**DATE: 1/12/21**

**CYCLE #:**  3

**PDSA TITLE: Tracking shared decision-making pertaining to the patient’s RA treatment goal**

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| **PLAN** |
| * **What is the objective for this cycle?**   To assess each RA patients’ goal of treatment and document it in the chart along with the shared decision making about what will be done to reach that goal.  **What do you predict will happen?**  Most charts will have this documented as there has already been 2 cycles pass of asking patients their goal and discussing the plan on how to achieve it.   * **What is the plan for the cycle? What are the steps to execute the cycle, including data collection (who, what, where, when)?**   To ask the patient what their goal of RA treatment, document it in the impression of the chart, and then state the plan on how to get there based on shared decision making with the patient. Then monthly, to choose 24 charts each to review to assess if this process was carried out. |

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| **DO** |
| * **Carry out the cycle. What did you observe? Include descriptions of successful encounters, problems, and other special circumstances that may or may not have been part of the plan.**   It has still been quite quick to ask the patients goal of treatment and to document it in the impression. The shared decision-making aspect doesn’t take too much longer as the patient is normally agreeable to actions needed to reach their chosen goal. |

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| **STUDY** |
| * **Summarize and analyze the observed results. What did you learn from this cycle?** 92% of the charts from the 3rd cycle had the goal and shared decision making on how to reach that goal documented in the impression in the chart. The process is still quick to ask the patient these questions. Patients are agreeable to the steps planned to reach their goal majority of the time. * **Do the results agree with the predictions you listed in the “Plan” phase? (circle one)**   Yes No |

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| **ACT** |
| * **What action are you going to take as a result of this cycle? (circle one)**   Expand the Test Adapt the Test Abandon the Test   * **Plan for the next cycle. What changes are needed? If expanding or adapting, what will you do to continue your learning while beginning to spread the successes?**   To continue documenting the patient’s RA goal and the shared decision making agreed upon to reach that goal. This next cycle we will discuss with the patient that the CDAI will be used as a disease activity measurement and note this in the shared decision making area of the impression. |