

RA App: Patient Information Handout

Introduction

The RA App is a useful tool to help you and your provider track your disease activity in between your regular appointments.

- Regular brief surveys to assess how you are doing
- Complements your regular care by giving your provider a better sense of how your disease activity fluctuates week to week.
- Confidential, secure and easy to use

How to Sign up?

1. Fill out the accompanying information sheet with your name and cell phone number.
2. Your provider will enter your information into the clinician dashboard and add you to his or her patient group.

How to Access the App?

1. You will receive a text notification that you have been added by your provider with a link to download the application.
2. Download the application from the App Store using link.
3. Login into the application using your cell phone number.
4. Begin filling out regular brief surveys. You will receive a notification when you have a survey due.



RA App Sign Up Sheet

First Name: _____

Last Name: _____

Date of Birth: ____/____/____

Sex: _____

Mobile Phone Number: _____

Patient Signature: _____

Date: _____