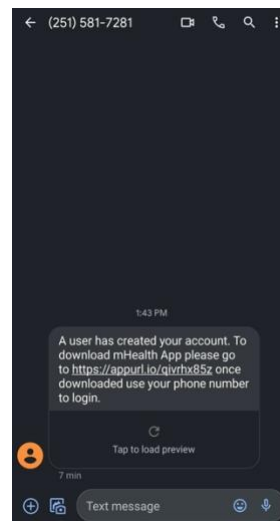
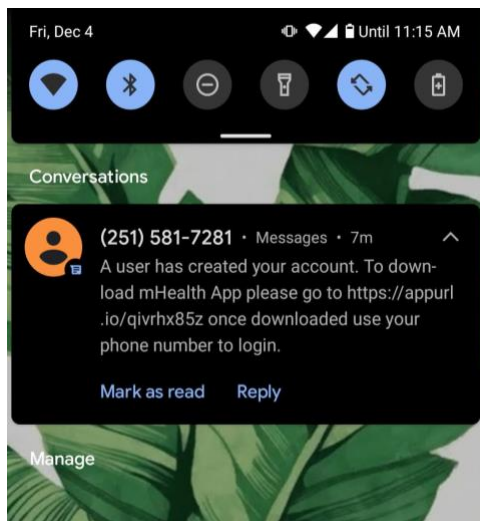


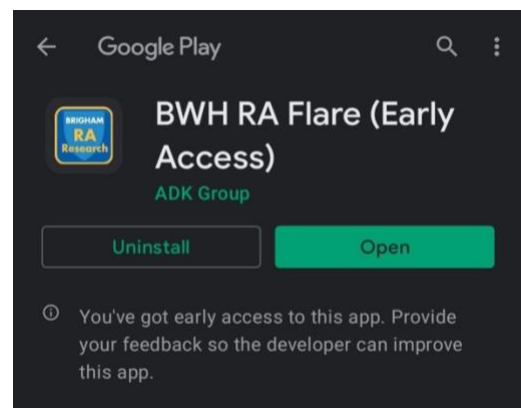
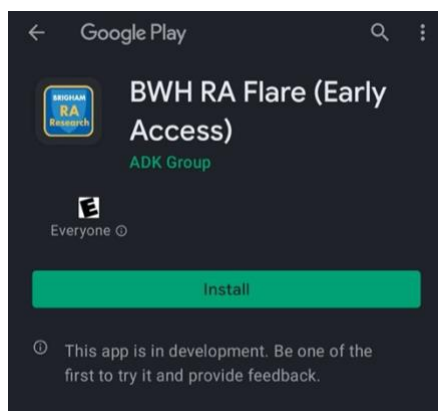
RA App- FAQ Help Sheet- Patient Facing

Enrollment and Download

1. You will receive a text message once you have been added by your provider to the app user list. This text will include a link to the App Store where you can download the app.

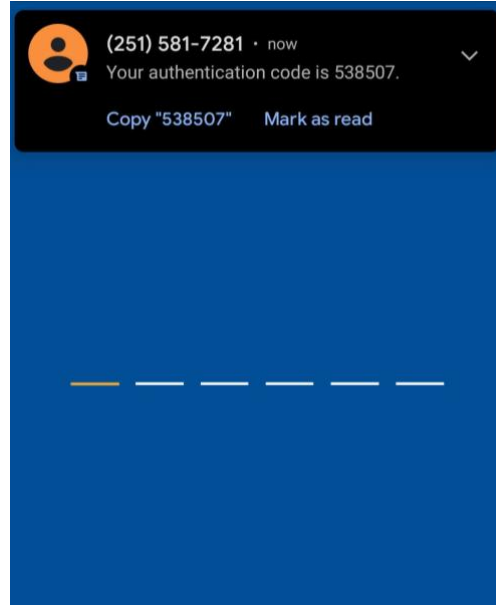
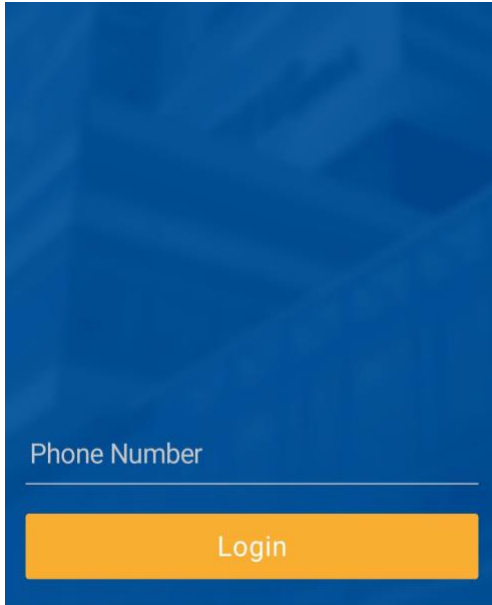


2. Once you follow this link you will be prompted to install the application.

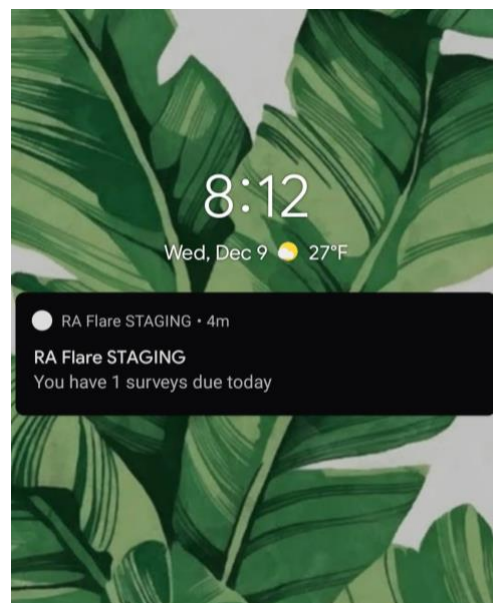
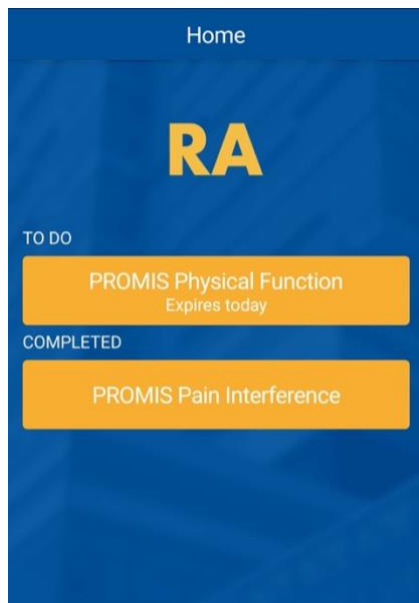


Logging in to App

1. Once you have the app downloaded from the App Store you will be asked to log in using your phone number. You will receive a code to confirm your secure log in.

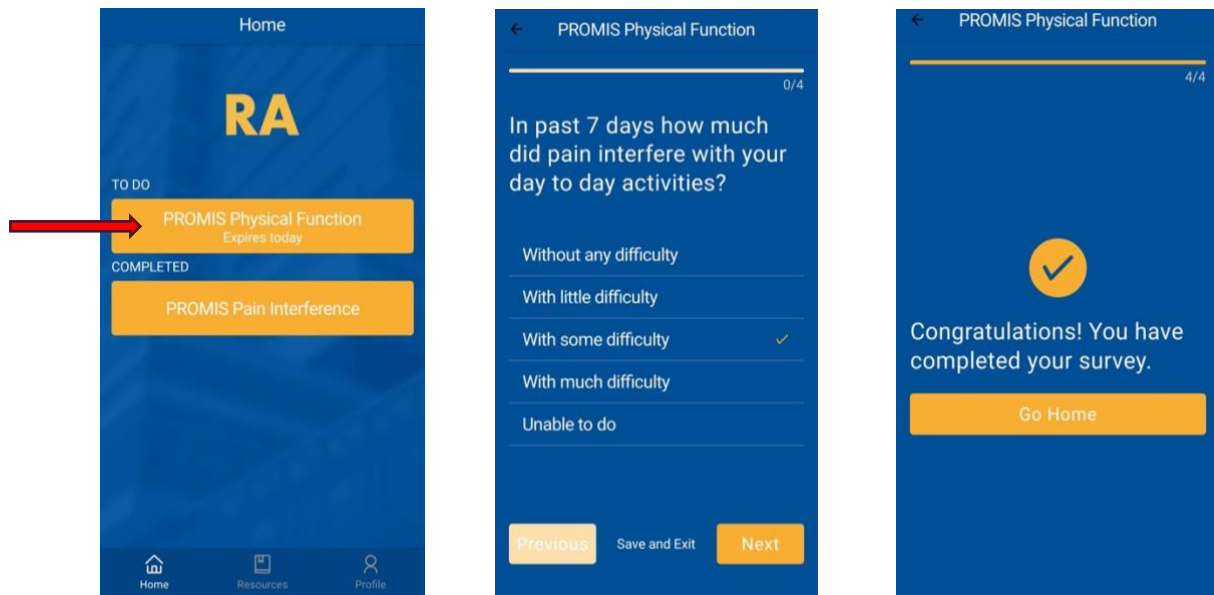


2. Once you log in you will see a main dashboard which will show your "To-do" and "Completed" surveys. Each day you need to complete a survey you will receive a push notification reminder from the app.



Filling out and Submitting Surveys

1. Once on the main screen, simply click on the assigned survey to begin filling it out.



2. Your survey data will be sent to your clinician, who can review your week to week progress.